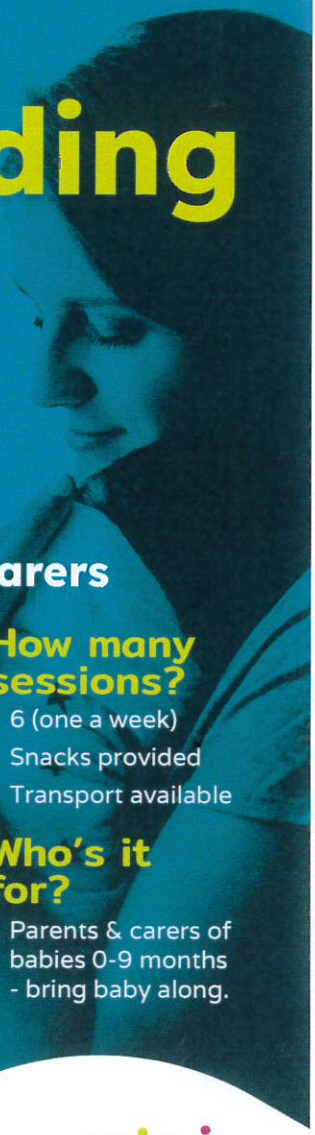
TOGETHERNESS

Bringing the Solihull Approach to the world

Understanding your baby



A group for all parents and carers welcoming a new baby.

Find out more about:

- How your baby's brain develops and how you can support this.
- How you and your baby might feel and what can support you both.
- Ways to react to crying.
- How to help with healthy sleep patterns and responsive feeding.
- How play can help your baby's development.

How many sessions?

- 6 (one a week)
- Snacks provided
- Transport available

Who's it for?

- Parents & carers of babies 0-9 months - bring baby along.

Scan here for more

children & families NEWCASTLE

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