



Topic:	Year group	Term
Connecting with Others How can I build safe, kind and caring relationships with others?	2	Autumn

Background knowledge

Pupils should already have a secure sense of what feelings are, how to name them, and how to recognise them in themselves and other people. They should know that families and trusted adults help keep them safe and cared for, and that talking to someone they trust is important when they feel worried or unsure. They will have learned what makes a good friend, how kindness and respect help people get along, and that their behaviour affects how others feel. They should also have simple strategies for managing emotions—such as taking a moment to calm down or asking for help—which gives them the foundation they need to explore how to build safe, kind and caring relationships with others in Year 2.

What should I already know?

Pupils should already know that everyone has feelings and that these feelings can change depending on what is happening around them. They should understand that families and trusted adults help keep them safe, happy and cared for, and that talking to someone they trust is important when they feel worried or unsure. They will have learned what makes a good friend, how kindness and respect help people get along, and that their behaviour affects how others feel. They should also know simple ways to manage their emotions, such as taking a moment to calm down or asking an adult for help.

Statutory objectives / Key Skills	The Journey
- To recognise and celebrate how people are different - To recognise that all families are different and all are special - To solve a falling out kindly. - To practise telling others when something feels okay or not okay to me. - To name who I can talk to and what I can say if something feels unsafe or wrong. - To recognise bullying behaviour and know what to do if it happens.	- Lesson 1 : How are we all different and the same? - Lesson 2: how are families different and the same? - Lesson 3: how can I show my feelings kindly and calmly? - Lesson 4: how can I let others know what is okay or not okay for me? - Who can I talk to if something does not feel right? - What should I do if someone is being unkind again and again?

Differentiation – see Kapow lesson plan.

Outcomes

Pupils who are **secure** will be able to:

- Identify similarities and differences between themselves and others.
- Recognise that everyone has unique qualities which make them special.
- Explain why kindness towards people who are different is important.
- Comment or answer questions about families with respect for others.
- Ask for help with a falling-out if they need it.
- Say when something feels okay or not okay.
- Know it is never their fault if they feel unsafe.
- Identify and name trusted adults at home and at school.
- Use clear phrases to ask for help when something feels wrong or not okay.
- Recognise when they or someone else is being bullied.

Key Vocabulary

- Relationships – the connections we have with other people.
- Kindness – being caring, gentle and helpful towards others.
- Respect – treating people fairly and politely.
- Caring – showing concern and looking after others' feelings.
- Friendship – a positive relationship with someone you like and trust.
- Trust – believing someone will keep you safe and act kindly.
- Safe – feeling protected and comfortable with someone.
- Feelings / emotions – how we feel inside (happy, sad, worried, excited).
- Behaviour – the way we act towards others.
- Cooperation – working together and helping each other.
- Conflict – a disagreement or upset between people.
- Repair – making things right again after a disagreement.

- Communication — how we share our thoughts and feelings.

Cross-curriculum links

- **English** — exploring characters' friendships, behaviour and feelings in stories, and using role-play to practise kind, respectful communication.

Question of the week/assessment questions

British Values



Mutual respect.