



Topic:	Year group	Term
Safety and the changing body	6	Spring Term. (Kapow)

Background knowledge

This unit supports learning about their growing and changing bodies as they grow up and will help them feel more comfortable talking about the changes their bodies go through when they are older. It also teaches children about body awareness and consent. It aims to give children a starting point to deal with any unwanted physical contact they may experience.

What should I already know?

Pupils who are **secure** will be able to:

- Understand some of the reasons adults decide to drink or not drink alcohol.
- Understand some ways to check that a news story is real.
- Understand how they should behave online and the impact negativity can have.
- Understand of changes that take place during puberty.
- Understand the menstrual cycle and that a male and a female are needed to conceive a baby.
- Understand that a baby changes in the womb and some of the baby's requirements during the first months of life.
- Recognise when someone is choking; administer first aid to a casualty that is choking; and seek medical help if required for a choking casualty.
- Conduct a primary survey; place a casualty who is unresponsive and breathing normally into the recovery position; and identify when it is necessary for CPR to be given.

Statutory objectives / Key Skills	The Journey
<u>Objectives</u> <ol style="list-style-type: none"> <u>To begin to understand the risks of alcohol</u> <u>To start to become a discerning consumer of information online</u> <u>To understand that online relationships should be treated in the same way as face to face relationships</u> 	<u>Quiz and knowledge catcher</u> <ol style="list-style-type: none"> Alcohol Critical digital consumers Social media Physical and emotional changes of puberty - nurse?

4. To understand the changes that happen during puberty.
5. To understand how to help someone who is choking
6. To understand how to help someone who is unresponsive

Skills

- Developing an understanding about the reliability of online information.
- Exploring online relationships including dealing with problems.
- Discussing the reasons why adults may or may not drink alcohol.
- Discussing problems which might be encountered during puberty and using knowledge to help.
- Learning how to help someone who is choking.
- Placing an unresponsive patient into the recovery position.

DO NOT TEACH: Conception or Pregnancy and birth

5. First Aid: Choking - Claire Doc?

6. First Aid: Basic life support - Claire Doc?

Review and reflect on knowledge organiser

Outcomes

Working towards: I understand the risks of drinking alcohol. I understand that not everything I read online is true. I understand respect is as important online as it is offline. I understand changes that happen during puberty for boys, girls and both. I recognise when someone is choking. I can explain how to conduct a primary survey.

Working at: I can explain why some adults drink alcohol. I can explain some ways I can check if something is true. I can explain how nasty comments can affect people. I can name the parts of the body. I can explain how to administer first aid to a casualty who is choking (including giving back blows and tummy thrusts). I can place a casualty who is unresponsive and breathing normally into the recovery position.

Working beyond: I can explain why some adults choose not to drink alcohol. I can explain some signs that a news story is fake. I know who can help with online problems. I can use my knowledge to answer other people's problems. I know how to seek medical help if required for a choking casualty. I understand how to seek medical help.

Key Vocabulary

Alcohol Bladder Breasts Cyberbullying Genitals Internet trolling Menstruation/period Nipples P
Puberty Pubic hair Penis Scrotum Testicles/testes

Cross-curriculum links

Science:

describe the changes as humans develop to old age.

Computing

use technology safely, respectfully and responsibly; recognise acceptable/unacceptable behaviour; identify a range of ways to report concerns about content and contact.

Assessment questions / outcomes

What are the risks of drinking alcohol?

What do we mean by the term 'fake news'?

Why do people pretend to be someone they are not online?

What happens during puberty?

British Values



Mutual respect