

Recommended Books to support PSHE.

All the titles listed in this section of the website are recommended by the 'You, Me and PSHE' Scheme. If you would like to know more about any of these texts, or if you would like to have access to them via our classroom libraries, please contact Mrs. Mantle (jennifer.mantle@beechhill.newcastle.sch.uk) as we do have an increasing number of them in school 😊

Year 1

Relationships.

- Once there were giants, Martin Waddell
- Tell me again about the night I was born, Jamie Lee Curtis.
- And Tango Makes Three by Justin Richardson

Living in the Wider World.

- Festival time: series, Jonny Zucker
- Kitty's bicycle, Andrew Lunn
- Daisy and the trouble with piggy banks, Kes Gray
- Little Croc's purse by Lizzie Finlay

Health and Wellbeing

- Nothing, Mick Inkpen
 - Angry Arthur, Haiwyn Oram
 - The Very Lonely Firefly, Eric Carle
 - Not Now Bernard, David McKee
 - Are you sad little bear? Rachel Rivett
 - Lost and found, Oliver Jeffers
 - The Tear Thief, Carol Ann Duffy
 - Knuffle Bunny, Mo Willems
 - Badger's Parting Gifts, Susan Varley
 - Always and Forever, Alan Durant
 - Grandpa, John Birmingham
 - We're going on a bear hunt, Michael Rosen and Helen Oxenbury
 - Can't you sleep little bear? Martin Waddell
 - Nice or nasty? Claire Llewellyn
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Year 2

Relationships.

- There's going to be a baby, John Birmingham and Helen Oxenbury
- The great big book of families, Mary Hoffman
- Once there were giants, Martin Waddell
- Tell me again about the night I was born, Jamie Lee Curtis

Living in the Wider World.

- Elmer, David McKee
- It's a George thing, David Bedford
- It's okay to be different, Todd Parr
- No matter what, Debi Gliora
- The rainbow fish, Marcus Pfister
- But Martin, June Counsel
- This is our house, Michael Rosen
- We are extremely very good Recyclers, Lauren Child
- Alfie gives a hand, Shirley Hughes
- That's not funny, Adrian Johnson
- The frog Olympics, Brian Moses

Health and Wellbeing

- Oh, the things you can do that are good for you, Tish Rabe
 - Nora, the girl who ate and ate, Andrew Weale
 - Flabby cat and slobby dog, Jeanne Willis
 - Six dinner Sid, Inga Moore
 - Burger boy, Alan Durant
 - Germs are not for sharing, Elizabeth Verdick
 - I will not ever never eat a tomato, Lauren Childs
 - Two friends, Clara Vullamy
 - I'm not invited, Diana Cain Bluthenthal
 - Say Hello, Jack Foreman
 - Friends, Kim Lewis
 - Halibut Jackson, David Lucas
 - Who's Your Real Mum by Bernadette Green and Anna Zobel
 - Who's In My Family? by Robie Harris
 - Dinosaurs beware - a safety guide, Marc Brown
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Year 3

Relationships.

- Frog in love, Max Velthuijs
- Let's talk about girls, boys, babies, bodies, families and friends, Robie H. Haris
- Love you forever, Robert Munsch

Living in the Wider World.

- Billionaire Boy, David Walliams
- In the money: a book about banking, Nancy Loewen
- Spend, save or donate, Nancy Loewen
- A chair for my mother, Vera B Williams
- Looking after Louis, Lesley Ely
- Belonging, Jeannie Baker
- Beegu, Alexis Deacon
- Humphrey the lost whale, Wendy Tokuda
- We are Britain (poems), Benjamin Zephaniah
- The Hueys in the new jumper, Oliver Jeffers
- Secret friends, Elizabeth Laird
- Dogs don't do ballet, Anna Kemp

Health and Wellbeing

- Happy belly, happy smile, Rachel Isadora
 - Oliver's vegetables, Vivian French
 - Inside out, Disney DVD
 - The Blanket Bears by Samuel Langley-Swain
 - Leave me alone, Kes Gray
 - The eighteenth emergency, Betsy Byars
 - I'm number one, Michael Rosen
 - The angel of Nitshill Road, Anne Fine
 - Bad girls, Jacqueline Wilson
 - Desmond and the very mean word, Archbishop Desmond Tutu
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Year 4

Relationships.

- Beegu, Alexis Deacon

- Humphrey the lost whale, Wendy Tokuda
- We are Britain (poems), Benjamin Zephaniah
- The Hueys in the new jumper, Oliver Jeffers
- Secret friends, Elizabeth Laird
- Dogs don't do ballet, Anna Kemp
- The sissy duckling, Harvey Fierstein
- William's doll, Charlotte Zolotow
- Giraffes can't dance, Giles Andreae
- Crazy hair day, Barney Saltzberg

Living in the Wider World.

- The day Gogo went to vote, Elinor Batezat Sisulu
- Rosa, Nikki Giovanni
- Saving Finnegan, Sally Grindley
- The magic paintbrush, Julia Donaldson
- The journey home, Frann Preston-Gannon

Health and Wellbeing

- Herb, the vegetarian dragon, Jules Bass
- The boy with square eyes, Juliet Snape
- How to catch a star, Oliver Jeffers
- Dr Seuss - Oh the places you'll go
- Wonder goal, Michael Foreman
- Poem - The wrong start by Marchette Chute
- Lizzy's ups and downs: NOT an ordinary school day, Jessica Harper
- Alexander and the terrible, horrible, no good, very bad day, Judith Viorst
- Frog in love, Max Velthuijs
- What's happening to me (girls), Susan Meredith
- What's happening to me (boys), Alex Frith
- Let's talk about girls, boys, babies, bodies, families and friends, Robie H. Harris
- Love you forever, Robert Munsch

Year 5

Relationships.

Living in the Wider World.

- One hen, Katie Smith Milway

- Lemonade in winter: a book about two kids counting money, Emily Jenkins
- Too small to fail, Morris Glezman
- Rickshaw girl, Mitali Perkins

Health and Wellbeing

- The huge bag of worries, Virginia Ironside
 - You've got dragons, Kathryn Cave and Nick Mayland
 - The worry website, Jacqueline Wilson
 - My gerbil, poem by John Kitching
 - Silly Billy, Anthony Browne
 - Changes, Anthony Browne
 - The red tree, Shaun Tan
 - The heart and the bottle, Oliver Jeffreys
 - Seal surfer, Michael Foreman
 - **Butterfly Brain by Laura Dockrill and Gwen Millword**
 - How did I begin? Nick Manning and Brita Granstrom
 - Let's talk about where babies come from, Robie H. Harris
 - Kids, poem by Spike Milligan
 - I love my mother, poem by Benjamin Zephaniah
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Year 6

Relationships.

Living in the Wider World.

- Hitler's canary, Sandy Toksvig
- The forgotten coat, Frank Cottrell Boyce
- Dia's story cloth: Hmong People's Journey of Freedom
- My name is Sangoel, Karen Williams
- Azzi in between, Sarah Garland
- **A Long Walk to Water by Linda Sue Park**
- Four feet, two sandals, Karen Lynn Williams

Health and Wellbeing

- Girls under pressure, Jacqueline Wilson
- The wizard and the ugly book of shame, Pablo Bernasconi
- The illustrated mum, Jacqueline Wilson
- My mum's from planet Pluto, Gwyneth Rees

- Helicopter man, Elizabeth Fensham
- Finding a voice - friendship is a two-way street, Kim Hood
- How did I begin? Nick Manning and Brita Granstrom
- Let's talk about where babies come from, Robie H. Harris
- Kids, poem by Spike Milligan
- I love my mother, poem by Benjamin Zephaniah

Identity, Society and Equality:

- Hitler's canary, Sandy Toksvig
- The unforgotten coat, Frank Cotrell Boyce
- Dia's story cloth: Hmong People's Journey of Freedom
- My name is Sangoel, Karen Williams
- Azzi in between, Sarah Garland
- **A Long Walk to Water by Linda Sue Park**
- Four feet, two sandals, Karen Lynn Williams