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Dear Parents and Carers,

As a school we acknowledge we have a responsibility to prepare children for menstruation and make adequate and sensitive arrangements to help children manage their period.

Puberty is occurring earlier than ever before and for this reason, we deliver puberty lessons to all children in year 4, 5 & 6. As part of these lessons all KS2 children will be told about menstruation and there will be discussion of what periods are, explanation of other symptoms associated with periods, how they can be managed hygienically, and sensitively.

We acknowledge that sensitive and potentially difficult issues may arise in PSHE as children will naturally share information and ask questions. When spontaneous discussion arises, it will be guided in a way which reflects the stated school aims and curriculum content for PSHE. As a first principle we will answer questions relating to the taught planned curriculum for that age group to the whole class. We will answer questions relating to areas beyond the taught planned curriculum for that age group, in a sensitive and age appropriate way only to the child or children who have asked the question.

As a school community, we are committed to working in partnership with parents; recent parental feedback has indicated that most parents continue to be highly supportive of the relationships and health education programme.

If you would like to find out more or discuss any concerns, please do not hesitate to contact me.

Yours sincerely,
Samantha Witty-Ingham,
Subject lead for PSHE education

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